

## The second secon

- Passport
- Airline tickets/ Flight information
- Alarm Clock
- International electronic adapter and phone charger
- Comfortable clothes to be at the hotel
- "Nice" clothes in case players have an activity with their family members outside the schedule
- Slipper or flip flops
- · Prescriptions and medications (if needed)
- Extra towel, toothpaste, toothbrush, shampoo and soap
- Pair of cleats (metallic spikes cleats are NOT allowed)
- · Shinguards and under armor (optional)
- Goalkeepers: pair of gloves and goalkeeper pants
- Swim shorts / swimsuit
- Athletic tape (if needed)
- ISL will provide a full Nike kit that includes:
  - • 1 Futbol First travel kit
  - • 1 Futbol First game kit
  - 1 Futbol First backpack
  - • 1 Barça Academy training kit



