



NIKEFOOTBALL**CAMPS**



FOUNDATION

TOTAL FOOTBALL. 6 NIGHTS. CHARTERHOUSE.

	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MORNING	BREAKFAST						
	REGISTRATION	Football COACHING	Football COACHING	Football COACHING	CHELSEA FC Training Centre	STAMFORD BRIDGE	DEPARTURE
AFTERNOON	LUNCH						
	Football Intro	Free Time	Free Time	Free Time			
		Recovery Swimming	Recovery Yoga	Recovery Stretching			
		Sport WORKSHOP	Sport WORKSHOP	Sport WORKSHOP			
DINNER							
EVENING	Welcome PRESENTATION	Football COACHING	Football COACHING	Football COACHING	Football AWARDS	Evening Activity	
	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	

Timetable may be subject to change



NIKEFOOTBALL**CAMPS**



FOUNDATION

TOTAL FOOTBALL. 6 NIGHTS. LANCING COLLEGE

	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MORNING	BREAKFAST						
	REGISTRATION	Football COACHING	Football COACHING	CHELSEA FC Training Centre	Football COACHING	STAMFORD BRIDGE + London Experience	DEPARTURE
AFTERNOON	LUNCH				LUNCH		
	Football Intro	Free Time	Free Time	Free Time			
		Recovery Stretching	Recovery Stretching	Recovery Stretching			
		Sport WORKSHOP	Sport WORKSHOP	Sport WORKSHOP			
DINNER							
EVENING	Welcome PRESENTATION	Football COACHING	Football COACHING	Football COACHING	Football AWARDS	Evening Activity	
	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	

Timetable may be subject to change



NIKEFOOTBALL**CAMPS**



FOUNDATION

TOTAL FOOTBALL. 6 NIGHTS. SURREY SPORTS PARK

		DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MORNING		REGISTRATION	Football COACHING	CHELSEA FC Training Centre	Football COACHING	Football COACHING	STAMFORD BRIDGE	DEPARTURE
AFTERNOON		LUNCH			LUNCH			
		Football Intro	Free Time		Free Time	Free Time		
			Recovery Swimming		Recovery Yoga	Recovery Stretching		
			Sport WORKSHOP		Sport WORKSHOP	Sport WORKSHOP		
EVENING		DINNER						
		Welcome PRESENTATION	Football COACHING	Football COACHING	Football COACHING	Football AWARDS	Evening Activity	
		Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	

Timetable may be subject to change



NIKE FOOTBALL CAMPS



TOTAL FOOTBALL. 13 NIGHTS. CHARTERHOUSE.

	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7	DAY 8	DAY 9	DAY 10	DAY 11	DAY 12	DAY 13	DAY 14
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MORNING	BREAKFAST													
	REGISTRATION	Football COACHING	Football COACHING	Football COACHING	CHELSEA FC Training Centre	STAMFORD BRIDGE	EXCURSION London Experience	Recovery Session	Football COACHING	Football COACHING	Football COACHING	CHELSEA FC Training Centre	EXCURSION Thorpe Park	DEPARTURE
AFTERNOON	LUNCH			LUNCH				Football COACHING	Free Time	Free Time	Free Time			
	Football Intro	Recovery Swimming	Recovery Yoga	Recovery Stretching	Recovery Swimming	Recovery Yoga	Recovery Stretching							
		Sport WORKSHOP	Sport WORKSHOP	Sport WORKSHOP	Sport WORKSHOP	Sport WORKSHOP	Sport WORKSHOP							
EVENING	DINNER													
	Welcome PRESENTATION	Football COACHING	Football COACHING	Football COACHING	Football AWARDS	Evening Activity	Evening Activity	Weekly Welcome	Football COACHING	Football COACHING	Football COACHING	Football AWARDS	Evening Activity	
	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	

Timetable may be subject to change



NIKE FOOTBALL CAMPS



TOTAL FOOTBALL. 13 NIGHTS. LANCING COLLEGE

	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7	DAY 8	DAY 9	DAY 10	DAY 11	DAY 12	DAY 13	DAY 14
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MORNING	BREAKFAST													
	REGISTRATION	Football COACHING	Football COACHING	CHELSEA FC Training Centre	Football COACHING	STAMFORD BRIDGE + London Experience	EXCURSION Brighton Pier	Recovery Session	Football COACHING	Football COACHING	CHELSEA FC Training Centre	Football COACHING	EXCURSION Chessington World of Adventures	DEPARTURE
AFTERNOON	LUNCH				LUNCH			LUNCH	LUNCH			LUNCH		
	Football Intro	Free Time	Free Time	Free Time	Free Time	Football COACHING	Free Time	Free Time	Free Time					
		Recovery Swimming	Recovery Yoga	Recovery Stretching	Recovery Stretching	Recovery Swimming	Recovery Yoga	Recovery Stretching	Recovery Stretching					
	Sport WORKSHOP	Sport WORKSHOP	Sport WORKSHOP	Sport WORKSHOP	Sport WORKSHOP	Sport WORKSHOP	Sport WORKSHOP	Sport WORKSHOP	Sport WORKSHOP					
DINNER														
EVENING	Welcome PRESENTATION	Football COACHING	Football COACHING	Football COACHING	Football AWARDS	Evening Activity	Evening Activity	Weekly Welcome	Football COACHING	Football COACHING	Football COACHING	Football AWARDS	Evening Activity	
	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	

Timetable may be subject to change



NIKE FOOTBALL CAMPS



TOTAL FOOTBALL. 13 NIGHTS. SURREY SPORTS PARK

	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7	DAY 8	DAY 9	DAY 10	DAY 11	DAY 12	DAY 13	DAY 14
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	BREAKFAST													
MORNING	REGISTRATION	Football COACHING	CHELSEA FC Training Centre	Football COACHING	Football COACHING	STAMFORD BRIDGE	EXCURSION Thorpe Park	Recovery Session	Football COACHING	CHELSEA FC Training Centre	Football COACHING	Football COACHING	London City Tour	DEPARTURE
	LUNCH			LUNCH				LUNCH			LUNCH			
	Football Intro	Free Time		Free Time	Free Time			Free Time	Football COACHING		Free Time	Free Time		
AFTERNOON		Recovery Swimming		Recovery Yoga	Recovery Stretching			Recovery Swimming			Recovery Yoga	Recovery Stretching		
		Sport WORKSHOP		Sport WORKSHOP	Sport WORKSHOP			Sport WORKSHOP			Sport WORKSHOP	Sport WORKSHOP		
	DINNER													
EVENING	Welcome PRESENTATION	Football COACHING	Football COACHING	Football COACHING	Football AWARDS	Evening Activity	Evening Activity	Weekly Welcome	Football COACHING	Football COACHING	Football COACHING	Football AWARDS	Evening Activity	
	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge

Timetable may be subject to change