

# WHAT TO BRING (Residential only)

**PLEASE LABEL** all clothing with sewn-in name labels or a laundry pen. **We cannot allow children to participate in sports without appropriate equipment, including footwear.**



## SPORTS KIT AND EQUIPMENT...

- Short-stud (hard ground) football boots\*, trainers\* and sports socks
- Shin guards
- Sports shirts, shorts (enough for at least 5 days – see laundry info on p10)
- Tracksuit
- Swimming kit
- Warm base layer
- Cap or sun hat
- Wet-weather clothing



## AND THE REST...

- Passport and proof of travel and medical insurance (non-UK residents)
- Clothes: casual clothing, nightwear, underwear, warm sweater, waterproof coat
- Toiletries including sunscreen
- 2 towels
- Laundry bag
- Mobile phone and charger
- 2-pin to 3-pin UK plug adapter
- Payment card or contactless payment device (at your discretion)

We will provide stationery – books, pens, etc.



**PLEASE DO NOT BRING** valuable items like laptops and jewellery, travellers' cheques or cash. Any medication that does not comply with the rules in the Medication section of this document.

\*New footwear can cause blisters. Please wear-in new shoes before the camp.