



NIKEFOOTBALL**CAMPS**



FOUNDATION

TOTAL FOOTBALL. 6 NIGHTS. CHARTERHOUSE.

	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MORNING	BREAKFAST						
	REGISTRATION	Football COACHING	Football COACHING	Football COACHING	CHELSEA FC Training Centre	STAMFORD BRIDGE	DEPARTURE
AFTERNOON	LUNCH						
	Football Intro	Free Time	Free Time	Free Time			
		Recovery Swimming	Recovery Yoga	Recovery Stretching			
		Sport WORKSHOP	Sport WORKSHOP	Sport WORKSHOP			
DINNER							
EVENING	Welcome PRESENTATION	Football COACHING	Football COACHING	Football COACHING	Football AWARDS	Evening Activity	
	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	

Timetable may be subject to change



NIKE FOOTBALL CAMPS



TOTAL FOOTBALL. 6 NIGHTS. BRADFIELd COLLEGE

	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7	
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
MORNING	BREAKFAST							
	REGISTRATION	Football COACHING	Football COACHING	CHELSEA FC Training Centre	Football COACHING	STAMFORD BRIDGE / London Experience	DEPARTURE	
AFTERNOON	LUNCH				LUNCH			
	Football Intro	Free Time	Free Time		Free Time			
		Recovery Stretching	Recovery Stretching	Recovery Stretching				
		Sport WORKSHOP	Sport WORKSHOP	Sport WORKSHOP				
DINNER								
EVENING	Welcome PRESENTATION	Football COACHING	Football COACHING	Football COACHING	Football AWARDS	Evening Activity		
	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge		

Timetable may be subject to change



NIKEFOOTBALL**CAMPS**



FOUNDATION

TOTAL FOOTBALL. 6 NIGHTS. SURREY SPORTS PARK

		DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MORNING		BREAKFAST						
		REGISTRATION	Football COACHING	CHELSEA FC Training Centre	Football COACHING	Football COACHING	STAMFORD BRIDGE	DEPARTURE
AFTERNOON		LUNCH			LUNCH			
		Football Intro	Free Time		Free Time	Free Time		
			Recovery Swimming		Recovery Yoga	Recovery Stretching		
			Sport WORKSHOP	Sport WORKSHOP	Sport WORKSHOP			
EVENING		DINNER						
		Welcome PRESENTATION	Football COACHING	Football COACHING	Football COACHING	Football AWARDS	Evening Activity	
		Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	

Timetable may be subject to change



NIKE FOOTBALL CAMPS



TOTAL FOOTBALL. 13 NIGHTS. CHARTERHOUSE.

	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7	DAY 8	DAY 9	DAY 10	DAY 11	DAY 12	DAY 13	DAY 14
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MORNING	BREAKFAST													
	REGISTRATION	Football COACHING	Football COACHING	Football COACHING	CHELSEA FC Training Centre	STAMFORD BRIDGE	EXCURSION London Experience	Recovery Session	Football COACHING	Football COACHING	Football COACHING	CHELSEA FC Training Centre	EXCURSION Thorpe Park	DEPARTURE
AFTERNOON	LUNCH			LUNCH				Football COACHING	Free Time	Free Time	Free Time			
	Football Intro	Recovery Swimming	Recovery Yoga	Recovery Stretching	Football COACHING	Recovery Swimming	Recovery Yoga		Recovery Stretching					
		Sport WORKSHOP	Sport WORKSHOP	Sport WORKSHOP		Sport WORKSHOP	Sport WORKSHOP		Sport WORKSHOP					
EVENING	DINNER													
	Welcome PRESENTATION	Football COACHING	Football COACHING	Football COACHING	Football AWARDS	Evening Activity	Evening Activity	Weekly Welcome	Football COACHING	Football COACHING	Football COACHING	Football AWARDS	Evening Activity	
	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	

Timetable may be subject to change



		DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7	DAY 8	DAY 9	DAY 10	DAY 11	DAY 12	DAY 13	DAY 14				
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY				
		BREAKFAST																	
MORNING		REGISTRATION	Football COACHING	Football COACHING	CHELSEA FC Training Centre	Football COACHING	STAMFORD BRIDGE	EXCURSION London Experience	Recovery Session	Football COACHING	Football COACHING	CHELSEA FC Training Centre	Football COACHING	EXCURSION Theme Park	DEPARTURE				
	AFTERNOON	LUNCH				LUNCH			LUNCH				LUNCH						
		Football Intro	Free Time	Free Time		Free Time			Recovery Stretching	Free Time	Football COACHING		Free Time			Free Time	Free Time	Recovery Stretching	Free Time
			Recovery Swimming	Recovery Yoga	Sport WORKSHOP	Recovery Stretching				Recovery Swimming	Recovery Yoga		Recovery Stretching						
			Sport WORKSHOP	Sport WORKSHOP		Sport WORKSHOP				Sport WORKSHOP	Sport WORKSHOP		Sport WORKSHOP						
		DINNER																	
EVENING		Welcome PRESENTATION	Football COACHING	Football COACHING	Football COACHING	Football AWARDS	Evening Activity	Evening Activity	Weekly Welcome	Football COACHING	Football COACHING	Football COACHING	Football AWARDS	Evening Activity					
		Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge				

Timetable may be subject to change



NIKE FOOTBALL CAMPS



TOTAL FOOTBALL. 13 NIGHTS. SURREY SPORTS PARK

		DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7	DAY 8	DAY 9	DAY 10	DAY 11	DAY 12	DAY 13	DAY 14
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		BREAKFAST													
MORNING		REGISTRATION	Football COACHING	CHELSEA FC Training Centre	Football COACHING	Football COACHING	STAMFORD BRIDGE	EXCURSION Thorpe Park	Recovery Session	Football COACHING	CHELSEA FC Training Centre	Football COACHING	Football COACHING	London City Tour	DEPARTURE
		LUNCH			LUNCH				LUNCH			LUNCH			
		Football Intro	Free Time		Free Time	Free Time			Free Time	Football COACHING		Free Time	Free Time		
AFTERNOON			Recovery Swimming		Recovery Yoga	Recovery Stretching			Recovery Swimming			Recovery Yoga	Recovery Stretching		
			Sport WORKSHOP		Sport WORKSHOP	Sport WORKSHOP			Sport WORKSHOP			Sport WORKSHOP	Sport WORKSHOP		
		DINNER													
EVENING		Welcome PRESENTATION	Football COACHING	Football COACHING	Football COACHING	Football AWARDS	Evening Activity	Evening Activity	Weekly Welcome	Football COACHING	Football COACHING	Football COACHING	Football AWARDS	Evening Activity	
		Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge

Timetable may be subject to change