PACKING LIST

Essential Items

Travel Items

- ✓ Travel Tickets
- ✓ Passport
- ✓ Visa (if required)
- ✓ Course confirmation
- ✓ Letter of Consent to Travel
- ✓ Bank card
- ✓ Tuck Shop Money (£)
- ✓ Health Insurance Card

Clothes

- ✓ Underwear & Socks
- ✓ Nightwear (Pyjamas)
- ✓ T-shirts/Sport shirts
- ✓ Jeans/Trousers/Tracksuit/Skirts/Dresses
- ✓ Jumper/Sweatshirt/Hoodie
- ✓ Shorts/Leggings (black/navy/white)
- ✓ Trainers (sports)/ Shoes
- ✓ Swimwear
- ✓ Waterproof jacket and Trousers

Other

- ✓ Towels (2)
- ✓ Toiletries (toothbrush, toothpaste, shampoo, shower gel)
- ✓ Backpack for excursions
- ✓ Hat/Cap for sports
- ✓ Sun Cream
- ✓ UK Plug Adaptor and charging leads
- ✓ Hygiene products (Girls)

Please ensure ALL clothing and equipment are clearly labelled with your child's name

Specific Sports Items

Arsenal Football

- ✓ Football Boots (Blades/Plastic studs only)
- ✓ Artificial/Astroturf football boots
- ✓ Shin pads (required)
- ✓ Trainers (indoor)
- ✓ Long Football Socks (White if possible)
- ✓ Goalkeeping Gloves (if required)
- ✓ Football Kits - **We kindly ask participants not to bring UK or Premier League-branded football kits other than Arsenal FC. Bring plain football/sports playing tops and avoid any team replica shirts.**

Exsportise Ltd cannot accept responsibility for any valuables/expensive jewellery, clothing or electronic devices (Please do not bring these items)

Please bring enough clothing for at least one week (Laundry is only offred for stays of 2 weeks or more)