PACKING LIST

To help you prepare for your stay, please use the checklist below when packing for your programme.

CLOTHING FOR ALL OCCASIONS

Manchester's weather can be unpredictable, even in summer. Pack layers to adapt comfortably.

In addition to your training kit, bring:

- Casual clothing
- Warm hoodie / jumper
- Waterproof jacket
- Comfortable trainers / shoes

TRAINING GEAR

Come prepared to perform at your best:

- Football boots (grass & artificial)
- Shin pads
- Goalkeeper gloves (if applicable)
- Trainers

All other specialist equipment will be provided by the coaching team.

PERSONAL ITEMS

- Toiletries
- Prescription medication

Important: Some medications available abroad may not be accessible in the UK. Bring an adequate supply.

ESSENTIAL EXTRAS

Please ensure you bring the following for your stay:

- Plug adapters
- Phone chargers

SPENDING MONEY

You won't need much spending money — accommodation, meals, and training kit are all included.

However, you may wish to bring a small amount for:

- Souvenirs from the City Store.
- Snacks or personal items during excursions.

WHAT NOT TO BRING

For safety and security, the following items are strictly prohibited:

- Flammable items (candles, lighters, fireworks)
- Weapons of any kind (incl. pocket knives, laser pointers)
- Tobacco, alcohol, drugs, or unauthorised medication
- Vehicles or wheels (bikes, scooters, skateboards)
- Pets
- Drones or motorised devices
- Expensive valuables (leave these at home)

TRAINING KIT

Each player receives an official MCFC Football School training kit on arrival.

- Players must wear their training kit during all sessions.
- Alternative sportswear may be worn during evening activities.
- Training kit is collected daily by the Residential Team for laundering.

IMPORTANT DOCUMENTS

Passport / photo ID • Visa / ETA • Copy of health insurance • Emergency contact information